



EDWARD M. KENNEDY  
Community Health Center

# Resource Guide for Lesbian, Gay, Bisexual and Transgender Patients

Health Equity/Cultural  
Competence Committee  
Rev 3\_9\_2017

## LGBT HEALTH CARE

**The National LGBT Health Education Center:** The National LGBT Health Education Center provides educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, and transgender (LGBT) people.

<http://www.lgbthealtheducation.org/>

**American Medical Association:** Resources and Literature for Clinicians on LGBT Health Topics

<http://www.ama-assn.org/ama/pub/about-ama/our-people/member-groups-sections/glb-advocacy-committee/glb-resources/lgbt-health-resources.page>

**The Joint Commission:** This field guide from The Joint Commission urges U.S. hospitals to create a more welcoming, safe and inclusive environment that contributes to improved health care quality for lesbian, gay, bisexual, and transgender (LGBT) patients and their families. The Field Guide features a compilation of strategies, practice examples, resources, and testimonials designed to help hospitals in their efforts to improve communication and provide more patient-centered care to their LGBT patients.

<http://www.jointcommission.org/lgbt/>

## TRANS SPECIFIC HEALTH CARE

**The World Professional Association for Transgender Health:** The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Our professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally.

[www.wpath.org](http://www.wpath.org)

**The Fenway Institute's National LGBT Health Education Center:** The Fenway Health Transgender Health Program (THP) produced these protocols for clinicians in primary care settings to best serve their transgender patients. The mission of Fenway Health is to enhance the wellbeing of the lesbian, gay, bisexual, and transgender communities and all people in our neighborhood and beyond. As part of that larger mission, the THP seeks to promote and support knowledgeable and comprehensive care to transgender and gender-nonconforming (TGNC) persons in an environment that is comfortable, safe, and affirming.

<http://www.lgbthealtheducation.org/publication/transgender-sod/>

## MENTAL HEALTH

**Dr. Johanna Sagarin**, clinical director (services for children and adolescents)

Ellsworth Child & Family Counseling Center at Children's Friend

21 Cedar Street

Worcester, MA 01609

508.753.5425

<http://www.childrensfriend.org/>

**Dr. Eunice Aviles**, PsyD, LMHC (English/Spanish bilingual, based in Amherst and Worcester)  
338 Highland Street  
Worcester, MA  
413.657.6104  
<http://www.euniceaviles.com/>

**Noreen Conlon** LMHC (long history of working with trans clients)  
Life Guidance of Central Mass  
71 Main Street  
Westminster, MA  
978.827.5389

**Diane Ellaborn** LICSW (works with trans adults and adolescents, provides clinical letters for CHT)  
152 Edmands Road  
Framingham, MA  
508.788.5406

**Mary Wells**, LICSW  
Valley Psychiatric Services  
255 Park Avenue  
Worcester, MA  
508.753.2900

**Jeanne Wess**, LICSW  
48 Cedar Street  
Worcester, MA  
508.754.7178

**Naome Fearing**, LICSW  
9 Cedar Street  
Worcester, MA  
508.753.7140

**Maria Diran**, LMHC  
74 Elm Street Suite 2D  
Worcester, MA 01609  
774.314.9739

## LEGAL

**Wade & Horowitz LLC**, 1309 Beacon Street, Brookline, MA 02446 Phone:(617) 738-1919 Attorneys provide legal services to assist with the making and implementation of important life decisions in the areas of Estate Planning (from basic Wills to Trusts & Tax Planning), Elder Law including Medicaid and Disability Planning and Guardianships and Probate Administration and Litigation. In addition to traditional legal planning, the firm specializes in work with non-traditional families.  
horowitz@wadehorowitz.com [www.wadehorowitz.com](http://www.wadehorowitz.com).

**Law Office of Leila J Wons**, Leila J Wons ESQ 1900 West Park Drive, Westborough, Ma 01582 Phone:(508) 986-9406  
Leila's concentrates on family law including: divorce, modifications, contempt, adoption, restraining orders, paternity and same sex domestic relations matters, LGBT Family Law. <http://www.wonslegal.com/Practice-Areas/Same-Sex-Domestic-Relations-Matters.shtml>

**Lian, Zarrow, Eynon, Shea, and Spofford Attorneys at Law**, 34 Mechanic Street, Worcester, MA Phone:(508) 799-4461  
Family law, Elder law, Estate planning, wills, and trusts, Same Sex Family Law.

<http://www.lianzarrow.com/lzesma.firmsitepreview.com/Family-Law/Same-Sex-Family-Law.html>

**Mediation Advantage Services**, 45 Linden Street, Worcester, MA 01609 Phone: (508) 795-1557 The Law Office of Polly A. Tatum is pleased to represent clients in the gay and lesbian community in matters concerning their families. Also offers divorce and family law mediation services to married partners or unmarried domestic partners as well as adoption services to parties wishing to adopt their spouse's children. They assist same sex couples with estate planning, relationship agreements and dissolution agreements. <http://www.mediationadvantage.com>

## **CROSS HORMONE THERAPY PROVIDERS**

**Baystate Health:** J. Aleah Nesteby, FNP

Aleah runs a transgender clinic at Baystate, and also practices informed consent model for CHT. Patients with private insurance can be seen for transgender care only at her High Street clinic. Patients with public insurance must transfer their primary care to High Street Health Center to receive transgender services.

High Street Health Center

140 High Street

Springfield, MA

413.794.2511

**Edward M. Kennedy Community Health Center:** Dr. Anna McMahan, Family Medicine

Services available only to patients of EMK. EMK also practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.

19 Tacoma Street

Worcester, MA

508.852.1805

**Family Health Center of Worcester:** Dr. Navid Roder, Family Medicine

Services available only to patients of FHCW. FHCW also practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.

26 Queen Street

Worcester, MA

508.860.7800

**Fenway Health:** Dr. Tim Cavanaugh, Family Medicine, Medical Director, Transgender Health Program

Fenway Health practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.

1340 Boylston Street

Boston, MA

857.313.6589

**UMass Memorial Endocrinology:** Dr. Marjorie Safran has been a primary contact, but multiple endocrinologist at UMass provide CHT services.

UMass Endocrinology requires a referral (or letter) from a therapist with experience in evaluating trans patients, and the letter must clearly state that CHT is recommended for their care.

55 Lake Avenue North

Worcester, MA 01655

508.856.3166

## **Worcester Area**

### ***AIDS Project Worcester***

85 Green Street

Worcester, MA

508.755.3773

<http://aidsprojectworcester.org/>

Programs include: SWAGLY (Supporters of Worcester Area Gay and Lesbian Youth; meets Wed 5:30-8:30p), Trans4mations (drop in group for transgender, gender variant, and questioning individuals ages 18-35; meets Mon 6p-8p), New Horizons (drop in group for transgender, gender variant, and questioning individuals ages 35+; meets Tues 6p-8p), also provide medical case management for HIV+ individuals

### ***Safe Homes of Central Massachusetts***

The Bridge, 4 Mann Street

Worcester, MA

508.755.0333

<http://safehomesma.org/>

Programs include: Drop in Center (open to youth ages 14-23, meets Thurs 6:30p-9p), PFLAG of Greater Worcester (open to parents, friends, and members of LGBT community, meets third Wed each month from 7p-9p)

### ***Worcester LGBT Elder Network***

Elder Services of Worcester

411 Chandler Street

Worcester, MA

508.756.1545

<http://www.seniorconnection.org/wlen.htm>

Programs include: monthly social for LGBT people 50+r on the first Sunday of the month, Rainbow Lunch Club for people 60+ on the second Wednesday of every month.

### ***Transgender Emergency Fund (TEF)***

85 Green Street

Worcester, MA

508.755.3773

[tgemergencyfund.org](http://tgemergencyfund.org)

TEF was created to provide critical assistance to low-income transgender people. Through the fund's intervention, transpeople in Massachusetts have been able to avoid homelessness, maintain access to health care, and live with greater dignity and stability.

## **FRAMINGHAM AREA**

### ***Massachusetts Alliance of Portuguese Speakers (MAPS)***

24 Union Street, Suite 10

Framingham, MA 01702

508.397.9051

**MAPS provides** health promotion/education (HIV) and social support services to the Portuguese-speaking and Spanish-speaking men who have sex with other men in the Framingham/Marlborough area.

### ***Program RISE, Justice Resource Institute (JRI) Health***

29 Hollis Street

Framingham, MA 01702

508.935.2960

## **MASSACHUSETTS (STATE-WIDE)**

### ***The Network / La Red***

Hotline: 617.742.4911 (voice) • 617.227.4911 (TTY)

**The Network/La Red** is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities.

### ***Gay Men's Domestic Violence Project (GMDVP)***

24-Hour Emergency Hotline: 1.800.832.1901

**GMDVP** assists and supports victims and survivors of domestic violence – focusing on the GLBTQ community - to bring about responsive public policy and to increase access to culturally competent services.

### ***Gay and Lesbian Advocates & Defenders (GLAD)***

30 Winter Street, Suite 800

Boston, MA

glad.org

Legal Info Line: 1.800.455.GLAD

**GLAD** is New England's leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression.

## **OTHER RESOURCES:**

### ***Safe Homes of Central Massachusetts – RESOURCE DIRECTORY***

[http://www.safehomesma.org/images/stories/pdf/Safe\\_Homes\\_Resource\\_Directory\\_2009.pdf](http://www.safehomesma.org/images/stories/pdf/Safe_Homes_Resource_Directory_2009.pdf)

### ***Gay Lesbian Medical Association-Health Professionals Advancing LGBT Equality***

<http://glma.org/>

### ***CDC Lesbian Gay Bisexual and Transgender Health***

<http://www.cdc.gov/lgbthealth/index.htm>

### ***Scholarship Funds for Transgender Surgeries***

Jim Collins Fund Scholarship Fund

<http://jimcollinsfoundation.org/>

### ***CK Life Surgery Scholarship Fund***

<http://cklife.org/Surgery-Scholarship-Fund.php>

### ***Electrology Institute (low price clinic for electrology)***

Tewksbury, MA

800.548.6339