Resource Guide for Lesbian, Gay, Bisexual and Transgender Patients
LGBT HEALTH CARE

The National LGBT Health Education Center: The National LGBT Health Education Center provides educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, and transgender (LGBT) people.
http://www.lgbthealtheducation.org/

American Medical Association: Resources and Literature for Clinicians on LGBT Health Topics
http://www.ama-assn.org/ama/pub/about-ama/our-people/member-groups-sections/glbtx-advisory-committee/glbtx-resources/glbtx-health-resources.page

The Joint Commission: This field guide from The Joint Commission urges U.S. hospitals to create a more welcoming, safe and inclusive environment that contributes to improved health care quality for lesbian, gay, bisexual, and transgender (LGBT) patients and their families. The Field Guide features a compilation of strategies, practice examples, resources, and testimonials designed to help hospitals in their efforts to improve communication and provide more patient-centered care to their LGBT patients.
http://www.jointcommission.org/lgbt/

TRANS SPECIFIC HEALTH CARE

The World Professional Association for Transgender Health: The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Our professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally.
www.wpath.org

The Fenway Institute’s National LGBT Health Education Center: The Fenway Health Transgender Health Program (THP) produced these protocols for clinicians in primary care settings to best serve their transgender patients. The mission of Fenway Health is to enhance the well-being of the lesbian, gay, bisexual, and transgender communities and all people in our neighborhood and beyond. As part of that larger mission, the THP seeks to promote and support knowledgeable and comprehensive care to transgender and gender-nonconforming (TGNC) persons in an environment that is comfortable, safe, and affirming.
http://www.lgbthealtheducation.org/publication/transgender-sod/

MENTAL HEALTH

Dr. Johanna Sagarin, clinical director (services for children and adolescents)
Ellsworth Child & Family Counseling Center at Children’s Friend
21 Cedar Street
Worcester, MA 01609
508.753.5425
http://www.childrensfriend.org/
Dr. Eunice Aviles, PsyD, LMHC (English/Spanish bilingual, based in Amherst and Worcester)
338 Highland Street
Worcester, MA
413.657.6104
http://www.euniceaviles.com/

Noreen Conlon LMHC (long history of working with trans clients)
Life Guidance of Central Mass
71 Main Street
Westminster, MA
978.827.5389

Diane Ellaborn LICSW (works with trans adults and adolescents, provides clinical letters for CHT)
152 Edmonds Road
Framingham, MA
508.788.5406

Mary Wells, LICSW
Valley Psychiatric Services
255 Park Avenue
Worcester, MA
508.753.2900

Jeanne Wess, LICSW
48 Cedar Street
Worcester, MA
508.754.7178

Naome Fearing, LICSW
9 Cedar Street
Worcester, MA
508.753.7140

Maria Diran, LMHC
74 Elm Street  Suite 2D
Worcester, MA 01609
774.314.9739

LEGAL
Wade & Horowitz LLC, 1309 Beacon Street, Brookline, MA 02446 Phone:(617) 738-1919 Attorneys provide legal services to assist with the making and implementation of important life decisions in the areas of Estate Planning (from basic Wills to Trusts & Tax Planning), Elder Law including Medicaid and Disability Planning and Guardianships and Probate Administration and Litigation. In addition to traditional legal planning, the firm specializes in work with non-traditional families.
horowitz@wadehorowitz.com www.wadehorowitz.com.

Law Office of Leila J Wons, Leila J Wons ESQ 1900 West Park Drive, Westborough, Ma 01582 Phone:(508) 986-9406
Leila’s concentrates on family law including: divorce, modifications, contempt, adoption, restraining orders, paternity and same sex domestic relations matters, LGBT Family Law. http://www.wonslegal.com/Practice-Areas/Same-Sex-Domestic-Relations-Matters.shtml
**CROSS HORMONE THERAPY PROVIDERS**

**Baystate Health:** J. Aleah Nestey, FNP
Aleah runs a transgender clinic at Baystate, and also practices informed consent model for CHT. Patients with private insurance can be seen for transgender care only at her High Street clinic. Patients with public insurance must transfer their primary care to High Street Health Center to receive transgender services.
High Street Health Center
140 High Street
Springfield, MA
413.794.2511

**Edward M. Kennedy Community Health Center:** Dr. Anna McMahan, Family Medicine
Services available only to patients of EMK. EMK also practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.
19 Tacoma Street
Worcester, MA
508.852.1805

**Family Health Center of Worcester:** Dr. Navid Roder, Family Medicine
Services available only to patients of FHCW. FHCW also practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.
26 Queen Street
Worcester, MA
508.860.7800

**Fenway Health:** Dr. Tim Cavanaugh, Family Medicine, Medical Director, Transgender Health Program
Fenway Health practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.
1340 Boylston Street
Boston, MA
857.313.6589

**UMass Memorial Endocrinology:** Dr. Marjorie Safran has been a primary contact, but multiple endocrinologist at UMass provide CHT services.
UMass Endocrinology requires a referral (or letter) from a therapist with experience in evaluating trans patients, and the letter must clearly state that CHT is recommended for their care.
55 Lake Avenue North
Worcester, MA 01655
508.856.3166
Worcester Area
AIDS Project Worcester
85 Green Street
Worcester, MA
508.755.3773
http://aidsprojectworcester.org/
Programs include: SWAGLY (Supporters of Worcester Area Gay and Lesbian Youth; meets Wed 5:30-8:30p), Trans4mations (drop in group for transgender, gender variant, and questioning individuals ages 18-35; meets Mon 6p-8p), New Horizons (drop in group for transgender, gender variant, and questioning individuals ages 35+; meets Tues 6p-8p), also provide medical case management for HIV+ individuals

Safe Homes of Central Massachusetts
The Bridge, 4 Mann Street
Worcester, MA
508.755.0333
http://safehomesma.org/
Programs include: Drop in Center (open to youth ages 14-23, meets Thurs 6:30p-9p), PFLAG of Greater Worcester (open to parents, friends, and members of LGBT community, meets third Wed each month from 7p-9p)

Worcester LGBT Elder Network
Elder Services of Worcester
411 Chandler Street
Worcester, MA
508.756.1545
http://www.seniorconnection.org/wlen.htm
Programs include: monthly social for LGBT people 50+ on the first Sunday of the month, Rainbow Lunch Club for people 60+ on the second Wednesday of every month.

Transgender Emergency Fund (TEF)
85 Green Street
Worcester, MA
508.755.3773
tgemergencyfund.org
TEF was created to provide critical assistance to low-income transgender people. Through the fund's intervention, transpeople in Massachusetts have been able to avoid homelessness, maintain access to health care, and live with greater dignity and stability.

FRAMINGHAM AREA
Massachusetts Alliance of Portuguese Speakers (MAPS)
24 Union Street, Suite 10
Framingham, MA 01702
508.397.9051
MAPS provides health promotion/education (HIV) and social support services to the Portuguese-speaking and Spanish-speaking men who have sex with other men in the Framingham/Marlborough area.

Program RISE, Justice Resource Institute (JRI) Health
29 Hollis Street
Framingham, MA 01702
508.935.2960
MASSACHUSETTS (STATE-WIDE)

The Network / La Red
Hotline: 617.742.4911 (voice) • 617.227.4911 (TTY)
The Network / La Red is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities.

Gay Men’s Domestic Violence Project (GMDVP)
24-Hour Emergency Hotline: 1.800.832.1901
GMDVP assists and supports victims and survivors of domestic violence – focusing on the GLBTQ community - to bring about responsive public policy and to increase access to culturally competent services.

Gay and Lesbian Advocates & Defenders (GLAD)
30 Winter Street, Suite 800
Boston, MA
glad.org
Legal Info Line: 1.800.455.GLAD
GLAD is New England’s leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression.

OTHER RESOURCES:

Safe Homes of Central Massachusetts – RESOURCE DIRECTORY

Gay Lesbian Medical Association-Health Professionals Advancing LGBT Equality
http://glma.org/

CDC Lesbian Gay Bisexual and Transgender Health
http://www.cdc.gov/legbthealth/index.htm

Scholarship Funds for Transgender Surgeries
Jim Collins Fund Scholarship Fund
http://jimcollinsfoundation.org/

CK Life Surgery Scholarship Fund
http://cklife.org/Surgery-Scholarship-Fund.php

Electrology Institute (low price clinic for electrology)
Tewksbury, MA
800.548.6339