



EDWARD M.
KENNEDY
COMMUNITY
HEALTH CENTER

Resource Guide for Lesbian, Gay, Bisexual and Transgender Patients

Health Equity/Cultural
Competence Committee
January 2020

HEALTH CARE RESOURCES

GENDER AFFIRMING HORMONE THERAPY PROVIDERS

Baystate Health

J. Aleah Nesteby, FNP

Offers a transgender clinic and practices informed consent model for CHT.

Patients with private insurance can be seen for transgender care only at the High Street clinic.

Patients with public insurance must transfer their primary care to High Street Health Center to receive transgender services.

High Street Health Center

140 High Street

Springfield, MA

413.794.2511

Edward M. Kennedy Community Health Center

Dr. Anna McMahan, Family Medicine

Services available only to patients of Kennedy Community Health.

Kennedy Community Health practices an informed consent model

for CHT, which does not require active therapy or a letter/referral from a therapist.

19 Tacoma Street

Worcester, MA

508.852.1805

Family Health Center of Worcester (FHCW)

Dr. Melissa Gleckel, Family Medicine

Services available only to patients of FHCW. FHCW also practices an informed

consent model for CHT, which does not require active therapy or a letter/referral from a therapist.

26 Queen Street

Worcester, MA

508.860.7800

Fenway Health

Dr. Tim Cavanaugh, Family Medicine, Medical Director, Transgender Health Program

Practices an informed consent model for CHT, which does not require active therapy or a letter/referral from a therapist.

1340 Boylston Street

Boston, MA

857.313.6589

UMass Memorial Endocrinology

Dr. Marjorie Safran

UMass Endocrinology requires a referral (or letter) from a therapist with

experience in evaluating trans patients, and the letter must clearly state that CHT is recommended for their care.

55 Lake Avenue North

Worcester, MA 01655

508.856.3166

MENTAL HEALTH PROVIDERS

Dr. Eunice Aviles, PsyD, LMHC

English/Spanish bilingual, based in Amherst and Worcester
338 Highland Street
Worcester, MA
413.657.6104

Noreen Conlon, LMHC

Long history of working with trans clients
Life Guidance of Central Mass
71 Main Street
Westminster, MA
978.827.5389

Maria Diran, LMHC

74 Elm Street, Suite 2D
Worcester, MA 01609
774.314.9739

Caitlyn Dunham, LICSW Psychotherapist

Specializes in traumatic experiences, working with young children and families and helping people explore and make shifts in their gender identity.
489 Washington Street
Auburn, MA
508.731.8413

Caroline Durning, MSW

Only takes patients who receive primary care at Kennedy Community Health.
Edward M. Kennedy Community Health Center
19 Tacoma Street
Worcester, MA
508.852.1805

Diane Ellaborn, LICSW

Works with trans adults and adolescents, provides clinical letters for CHT.
152 Edmands Road
Framingham, MA
508.788.5406

Naome Fearing, LICSW

9 Cedar Street
Worcester, MA
508.753.7140

Dr. Johanna Sagarin, Clinical director

Services for children and adolescents
Ellsworth Child & Family Counseling Center
21 Cedar Street
Worcester, MA 01609
508.753.5425

Mary Wells, LICSW

Valley Psychiatric Services
255 Park Avenue
Worcester, MA
508.753.2900

Jeanne Wess, LICSW

48 Cedar Street
Worcester, MA
508.754.7178

SUBSTANCE USE DISORDER SERVICES**All Treatment**

LGBTQA+ friendly drug and alcohol addiction services.
www.alltreatment.com

Alcohol Rehab

Compassionate treatment specialist 24/7 for LGBTQ alcoholism
877.624.1853

Edward M. Kennedy Community Health Center: MAT Program

19 Tacoma Street
Worcester, MA
508.852.1805

OTHER HEALTH CARE RESOURCES**CDC Lesbian Gay Bisexual and Transgender Health**

<http://www.cdc.gov/lgbthealth/index.htm>

CK Life Surgery Scholarship Fund

<http://cklife.org/Surgery-Scholarship-Fund.php>

Electrology Institute: low price clinic for electrology.

Tewksbury, MA
800.548.6339

Gay Lesbian Medical Association-Health Professionals Advancing LGBT Equality

<http://glma.org/>

Scholarship Funds for Transgender Surgeries

Jim Collins Fund Scholarship Fund
<http://jimcollinsfoundation.org/>

LEGAL RESOURCES

Community Legal Aid

Provides free civil legal services to low-income and elderly residents of central and western Massachusetts.

405 Main Street

Worcester, MA

Phone: 508 .752.3718.

www.communitylegalaid.org

Daviau Law Offices

LGBT Estate Planning.

255 Park Ave., Suite 1000

Worcester, MA

Phone: 508.425.4270

www.daviaulaw.com

GLADD: Gay and Lesbian Advocates and Defenders

Leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status, and gender identity and expression.

30 Winter Street, Suite 800

Boston, MA

Legal Info Line: 1.800.455.GLAD

www.laidlaw@glad.org

Law Office of Leila J Wons

Concentrates on family law including: divorce, modifications, contempt, adoption, restraining orders, paternity and same sex domestic relations matters, LGBT Family Law.

1900 West Park Drive

Westborough, MA

Phone: 508.986.9406

<http://www.wonslegal.com/Practice-Areas/Same-Sex-Domestic-Relations-Matters.shtml>

Lian, Zarrow, Eynon, Shea, and Spofford Attorneys at Law

Family law, elder law, estate planning, wills, and trusts, Same Sex Family Law.

34 Mechanic Street

Worcester, MA

Phone: 508.799.4461

<http://www.lianzarrow.com/lzesma.firmsitepreview.com/Family-Law/Same-Sex-Family-Law.html>

LGBT Asylum Support Task Force

Supports LGBT political asylum seekers.

Denholm Building, Room 320

484 Main Street

Worcester, MA

Phone: 508.799.4461

Mass Commission on Discrimination

Eradicates discrimination in the Commonwealth by investigating and prosecuting Complaints of Discrimination that occur in employment, housing, public places, access to education, lending, and credit.

1 Ashburton Place, Suite 601

Boston, MA

617.994.6000

<https://www.mass.gov/orgs/massachusetts-commission-against-discrimination>

Mediation Advantage Services

Represents clients in the gay and lesbian community in matters concerning their families.

Also offers divorce and family law mediation services to married partners or unmarried domestic partners, as well as adoption services to parties wishing to adopt their spouse's children. Assists same sex couples with estate planning, relationship agreements and dissolution agreements.

45 Linden Street

Worcester, MA

Phone: 508.795.1557

<http://www.mediationadvantage.com>

Wade & Horowitz LLC

Provides legal services to assist with the making and implementation of important life decisions in the areas of Estate Planning (from basic Wills to Trusts & Tax Planning), Elder Law including Medicaid and Disability Planning and Guardianships and Probate Administration and Litigation. In addition to traditional legal planning, the firm specializes in work with non-traditional families.

1309 Beacon Street

Second Floor

Brookline, MA

617-738.1919

www.wadehorowitz.com.

SUPPORT SERVICES

PROGRAMS

AIDS Project Worcester

Programs include: SWAGLY: Supporters of Worcester Area Gay and Lesbian Youth;

Trans4mations: drop in group for transgender, gender variant, and questioning individuals ages 18-35

New Horizons: drop in group for transgender, gender variant, and questioning individuals ages 35+;

also provides medical case management for HIV+ individuals

85 Green Street

Worcester, MA

508.755.3773

<http://aidsprojectworcester.org/>

Asylum Support Services

LGBTQI and Asylum seekers who have faced persecution or have a well-founded fear of persecution.

1 Clover Street

Worcester, MA

508.853.8853

www.lgbtasylum.org

Central Mass Recovery Learning Community

Promotes wellness and resilience through mutual support.

KIVA Center

209 Shrewsbury Street

Worcester, MA

508.751.9600

<http://www.centralmassrlc.org/>

Elder Services of Worcester Area

Home care services.

67 Millbrook Street

Worcester, MA

800.243.5111

<https://www.elderwoodhomecare.com/>

JRI Health

Primary mission is to partner with individuals and communities to achieve the health and justice we all deserve. Provides counseling, advocacy and referrals to health care services and housing for the young LGBTQ community.

Main office

160 Gould Street

Suite 300

Needham, MA

781.559.4900

www.jri.org

Massachusetts Alliance of Portuguese Speakers (MAPS)

Provides health promotion/education (HIV) and social support services to the Portuguese-speaking and Spanish-speaking men who have sex with other men in the Framingham/Marlborough area.

24 Union Street

Suites 8 & 10

Framingham, MA

508.397.9051

www.maps-inc.org

Pathways for Change, Inc.

Multicultural services for those impacted by sexual violence and provides education great toward ending violence.

588 Main Street

Worcester, MA

508.853.7600

www.pathwaysforchange.help

Safe Homes of Central Massachusetts

Programs include: Drop in Center open to youth ages 14-23, meets Thurs 6:30 -9:00 p.m., PFLAG of Greater Worcester open to parents, friends, and members of LGBT community, meets third Wed each month from 7:00 p.m.-9:00 p.m.

The Bridge

4 Mann Street

Worcester, MA

508.755.0333

<http://safehomesma.org/>

FOOD RESOURCES**Centro Food Pantry**

Must bring ID and proof of income

11 Sycamore Street

Worcester, MA

508.798.1900, ext. 237

www.centroinc.org

Friendly House Food Pantry

Only one visit per month

36 Wall Street

Worcester, MA

508.755.4362

www.friendlyhousema.org

Great Brook Valley Food Pantry

Only one visit per month

Need ID, MassHealth Card and proof of income

176 Tacoma Street

Worcester, MA

508.852.8944

Good Samaritan Food Pantry

Need photo ID

39 Piedmont Street

Worcester, MA

774.253.1619

Henry Lee Willis/Plumley Village Neighborhood Center**Food Assistance**

Open Tuesdays and Wednesdays 8:00 a.m. – 5:00 p.m.

16 Laurel Street

Worcester, MA

508.799.6981

Jeremiah's Inn Food Pantry

Need proof of residence, ID and Social Security Number

One visit per month

1059 Main Street

Worcester, MA

508.755.6403

www.jeremiahsinn.com

Loaves and Fishes Food Pantry

Need proof of ID

90 Holden Street

Worcester, MA

508.853.1942

<http://www.uucworchester.org/loaves-and-fishes-food-pantry/>

Mass Veterans Inc. Food Pantry

Veterans ID required

69 Grove Street

Worcester, MA

508.791.1213, ext. 108

<http://www.veteransinc.org/>

Quinsigamond Village Neighborhood Center

Need to make an appointment by phone in advance

Need ID, address, Social Security Number (s) and proof of income

16 Greenwood Street

Worcester, MA

508.755.7481

<http://www.quinsigamondvillage.com/>

Salvation Army Citadel: Sally's Place Soup Kitchen

640 Main Street

Worcester, MA

508.756.7191

South Worcester Neighborhood Center

Need address and proof of ID for adults and children

47 Camp Street

Worcester, MA

508.757.8344

Worcester LGBT Elder Network

Programs include: monthly social for LGBT people 50+

Rainbow Lunch Club for people 60+

Elder Services of Worcester

411 Chandler Street

Worcester, MA

508.756.1545

<http://www.seniorconnection.org/wlen.htm>

HOTLINES**Gay Men's Domestic Violence Project (GMDVP)**

24-Hour Emergency Hotline.

1.800.832.1901

GLAD Answers

Free and confidential LGBTQ and HIV legal right information and resources.

1.800.445-4523

LGBT National Hotline

Telephone support, email peer support and local resources for cities.

1.888.843.4564

LGBT-National Youth Talk-line

Telephone, online private one to one chat and email peer support.

1.800.246.7743

LGBT National Senior Hotline

Provides seniors the ability to talk with trained peer-counselor volunteers about isolation, relationships and HIV/AIDS.

1.800.246.7743

The Network / La Red

A survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities.

617.742.4911 (voice) • 617.227.4911 (TTY)

ADDITIONAL RESOURCES**Transgender Emergency Fund**

Provides critical assistance to low income transgender people to avoid homelessness and maintain access to health care.

85 Green Street

Worcester, MA

508.755.3773

www.tgemergencyfund.org



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